

Teen Programs

Franklin Lakes Public Library

470 De Korte Drive Franklin Lakes, N.J. 07417 201-891-2224

www.franklinlakeslibrary.org

Advisory Council for the Community by TEENS ACCT Meeting

Tuesday, April 4
& Tuesday, May 2 @ 3:15 p.m.

For Franklin Lakes students in grades 6-12
who want to help plan teen programs
or library services for other teens.
Meets in the Local History Room.
Refreshments will be served!

DROP-IN MOVIE

Trolls

After the Bergen's invade Troll Village, Poppy,
the happiest Troll ever born embarks on a
difficult journey. **Rated PG Runtime 1.5 hrs.**



Wed. April 12 @ 1 p.m.

Create a Mandala



Mandalas means circle, they are a creative
spiritual design which represent the universe.
Coloring a mandala is very specific to the person
coloring it. The colors come from the Chakras,
or energy centers in the body looking for
balance. You will select a special mandala, &
find colors to create balance. We will use singing
bowls to calm our minds! A fun way to
explore our creative side!

Thursday April 20 @ 3:45pm

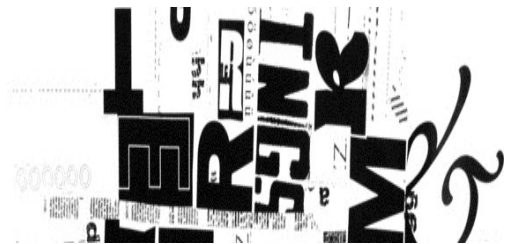
QIGONG for TEENS Having a Say in Your Health

One of the keys to feeling good day to day is a
healthy endocrine system. Balancing the
hormones and making sure the body moves in
a fluid motion is important to maintaining the
endocrine system. In this class you will learn
about your hormones and how to keep them
healthy. This will help to increase your energy,
keep you happy, and help your skin
to look healthy & clear.

Thursday, April 6 @ 7 p.m. to 8 p.m.
Come with friends, parents!

COLLAGE FUN!

Cut & assemble paper on a canvas.
Add you own photos or charms
to create your **MASTERPIECE!**



Tuesday, April 25 @ 3:15 p.m.

Try our personalized reading service. Send us an
email with a brief description of authors or books
you've read and likes. We will send you an email
with suggestions for **Your Next 5 reads!**





Guess the Author & Title Contest



Every Monday in May a clue will be posted on: <http://flteensreview.tumblr.com/>
If you can solve the title of the book & the name of the author you will *win a great prize!*

Send your solution to: teens@franklinlakes.bccls.org

Monday, May 1 through Wednesday, May 31



The Chef Battle –Teen/Tween Cooking Competition presented by *Chef It Up 2 Go*

This awesome program is for teens & tweens entering grades 6 - 12. The ingredients are kept secret until they are ready to battle it out! The battles may include cupcakes, food art, or even just desserts. Then under the careful supervision & enthusiasm of the *CHEF IT UP 2 GO* team, you will break into different teams for the battle. The ingredients are 100% peanut & tree nut free & very allergy friendly. **Please let the Teen Librarian know in advance if you have any specific food allergies.**



Tuesday, May 9 @ 3:15 p.m.

Space is limited. **Registration is required** & begins on Monday, April 3



For Franklin Lakes residents in grades 6 and up!

Manifesting Your Dreams, Creating Intentions with Beading & Meditation

Making your dreams come true takes commitment & intention. In this class, we focus on something we would like to change. We will practice meditation & create a mala (string of beads) to remind us of our commitment to ourselves. We will share some wonderful inspiring meditations as well as a few exercises for grounding. Each mala will be different & unique to represent you & your dreams. Creating them together strengthens the energy of community & supporting each other's dreams. It would be great to bring a journal so you can write down some of your intentions!!

Tuesday May 16th @3:45-5 p.m.

Play the Best Video Games at the Library

*Play Mario Brothers-Need for Speed
Titan Falls -Minecraft
Angry Birds*

Pizza - Refreshments



Thurs. May 18 @ 3:15 p.m.

Drop-In Crafts Every Afternoon in the Teen Room



Coming Soon!

2017 Franklin Lakes Teen Summer Reading Program

Begins Monday, June 12. Sign up at the Library, keep track of the books you read on the log we give you when you sign up. Visit the library each week to claim your weekly prize!